

Telemental Health Informed Consent

I hereby consent to engage in telemental health (internet based therapy) with Amanda Petrik, LCPC as the main venue for my psychotherapy treatment. The secure, HIPAA compliant server to be used is doxy.me which requires either Firefox or Google Chrome from a computer OR the free doxy.me app from a phone/tablet. I understand that telemental health includes the practice of health care delivery, including diagnosis, consultation, treatment, and education using interactive audio, video, and/or data communications.

I understand that I have the following rights with respect to telemental health:

(1) I have the right to withdraw consent at any time without affecting my right to future care or treatment.

(2) The laws that protect the confidentiality of my medical information also apply to telemental health. As such, I understand that the information disclosed by me during the course of my therapy is generally confidential. However, there are both mandatory and permissive exceptions to confidentiality including, but not limited to: reporting child, elder, and dependent adult abuse; expressed threats of violence towards an ascertainable victim; and where I make my mental or emotional state an issue in a legal proceeding. (See also Privacy Policies)

(3) I understand that there are risks and consequences from telemental health. These may include, but are not limited to, the possibility, despite reasonable efforts on the part of my psychotherapist, that: the transmission of services could be disrupted or distorted by technical failures; misunderstandings can more easily occur, especially when care is delivered in an asynchronous manner; and/or possible confidentiality breaches if someone should walk into the client's room while in a psychotherapy session. If transmission should fail, clinician will resume session via phone at (785) 477-9117 until internet based therapy has returned.

In addition, I understand that telemental health based services and care may not yield the same results nor be as complete as face-to-face service. I also understand that if my psychotherapist believes I would be better served by another form of psychotherapeutic service (e.g. face-to-face service), I will be referred to a psychotherapist in my area who can provide such service.

(4) I understand that I may benefit from telemental health, but results cannot be guaranteed or assured. The benefits of telemental health may include, but are not limited to: finding a greater ability to express thoughts and emotions; transportation and travel difficulties are avoided; time constraints are minimized; and there may be a greater opportunity to prepare in advance for therapy sessions.

In emergencies, call 911 or go to your local emergency room. Amanda Petrik, LCPC can be contacted at 785-477-9117 during business hours and will return calls within one business day.

